

Nimue Skin Technology Anti-ageing Leave On Mask (R340).
This nourishing overnight treatment contains active ingredients to recharge your skin, resulting in a plump, moisturised and radiant complexion.

Kiehl's Powerful Wrinkle Reducing Cream (R705).
Containing skin-fortifying copper and calcium, this anti-wrinkle cream has been clinically tested to strengthen your skin's elasticity by 32%, and visibly reduce wrinkles.

SLEEP TIGHT

When you sleep, you rejuvenate not only your brain, but your body as well. Here are five great products that target your skin at night, leaving you looking and feeling refreshed in the morning.

Kalahari Intensive Night Repair Serum (R133).
This nighttime treatment offers you multiple anti-aging benefits, leaving your skin ultra-hydrated and nourished.

Comfort Zone Renight Vitamin Regenerator Antioxidant Night Face Oil (R575).
This antioxidant night face oil, containing goji berry, is rich in provitamin A and a number of B vitamins.



WE LOVE

L'Oréal Paris Revitalift Magic Blur (R200). This is an instant skin-smoother and anti-aging moisturiser. The soft, non-greasy cream is most effective in the 35-to-55 age group, intensely moisturising, leaving a matte finish primed for your make-up. You skin looks and feels smoother – it's an instant wake-me-up. ■